



Supported by

Dorset HealthCare NHS Trust



Carers Festival of Emotional and Mental Health

Thursday 17th and Friday 18th December 2020

10:30 – 16:45

Hosted on Zoom

Pop in & out or stay all day

Are you supporting a loved one who is struggling with mental health, or their emotional wellbeing?

**Do you work with carers and family members?
or just interested?**

We would love you to join us at our online Festival

How to join this Event

Register your interest by email stating which sessions you would like to attend to

Olivia.stevens@rethink.org or

carers@dorsetmentalhealthforum.org.uk

Link to Zoom will be given to you near the start date once you are registered