

The Freedom Project Craft Workshop

This **FREE** session will be held on **Friday the 10th of October from 12pm-3pm** at **The Lighthouse, Poole, BH5 1UG.**

It will be run by Tilly Ingram, a local writer and artist with long-term health conditions herself. The session is inspired by Freedom and what it means to us. Tilly will offer gentle and engaging activities, empowering participants to make new pieces of art using found materials, which will be provided. This is part of Poole Lighthouse's ongoing Our Freedom: Then and Now project, commemorating the 80th anniversary of the end of the Second World War, which culminates in a new installation that will be unveiled in early November. There is the potential for any work created on the day to be included. Tea/coffee will not be provided but the Lighthouse café will be open.

A recent article about Tilly can be found below

[IN CONVERSATION WITH: Tilly Ingram](#)

Click the link below to book your place –

<https://www.lighthousepoole.co.uk/book-online/976601>